

## TABLE OF CONTENTS

No.	Articles/References	Page. No
<b>Session 1: Understanding Stress and Impact on Occupational Efficiency</b>		
1.	David D. Chen, <b>The Meaning of Stress</b> from Stress Management and Prevention, Taylor & Francis Group, 2017	
2.	<b>Understanding Stress</b> , Civil Service Employee Assistance Service, Ireland, 2015 <a href="https://www.cseas.per.gov.ie/wp-content/uploads/CSEAS-Understanding-Stress-Booklet.pdf">https://www.cseas.per.gov.ie/wp-content/uploads/CSEAS-Understanding-Stress-Booklet.pdf</a>	
3.	Sabine Sonnentag and Charlotte Fritz, <b>Recovery from Job Stress</b> , Journal of Organizational Behavior, February 2015, Vol. 36, No. S1, 2015	
4.	Andrew Shatté, Adam Perlman, Brad Smith and Wendy D. Lynch, <b>The Positive Effect of Resilience on Stress and Business Outcomes in Difficult Work Environments</b> , Journal of Occupational and Environmental Medicine, 2017	
<b>Session 2: Managing Occupational Stress through Emotional Intelligence</b>		
1.	Mayer, John D., <b>What is Emotional Intelligence?</b> (2004). UNH Personality Lab. 8. <a href="https://scholars.unh.edu/personality_lab/8">https://scholars.unh.edu/personality_lab/8</a>	
2.	Dirk De Clercq, Dave Bouckennooghe, Usman Raja and Ganna Matsyborska, <b>Unpacking the Goal Congruence—Organizational Deviance Relationship: The Roles of Work Engagement and Emotional Intelligence</b> , Journal of Business Ethics, November 2014, Vol. 124, No. 4, 2014	
3.	Sukumarakurup Krishnakumar and Doug Rymph, <b>Uncomfortable Ethical Decisions: The Role of Negative Emotions and Emotional Intelligence in Ethical Decision-Making</b> , Journal of Managerial Issues, Fall 2012, Vol. 24, No. 3 (Fall 2012)	
4.	Terry A. Maroney, <b>The Emotionally Intelligent Judge: A New (and Realistic) Ideal</b> , Court Review - Volume 49	

5.	Terry A. Maroney, <b>Emotional Regulation and Judicial Behavior</b> , California Law Review , December 2011, Vol. 99, No. 6 (December 2011)	
<b>Session 3: Understanding Litigant Behaviour in Diverse Litigation</b>		
1.	Rebecca K. Lee, <b>Judging Judges: Empathy as the Litmus Test for Impartiality</b> , 82 U. Cin. L. Rev. (2014)	
2.	Prof. Dr. K. N. Chandrasekharan Pillai, <b>Facilitating Dialogue between the Court and the Commoner</b> , (2014) 7 SCC J-7	
3.	Paul E. Mullen & Grant Lester, <b>Vexatious Litigants and Unusually Persistent Complainants and Petitioners: From Querulous Paranoia to Querulous Behaviour</b> , 24(3) Behavioral Sciences and the Law 333 (2006)	
4.	Justice P.N. Prakash, <b>One Dispute, Many Cases: Overcoming the Numbers Game in Litigation</b> , SCC, 2018	
5.	P.H. Parekh, <b>Speedy Justice, Judicial Overload and the Common Litigant: Some Solutions</b> , (2009) 3 SCC J-8	
6.	C. Adam Coffey et al., <b>I'll See You in Court...Again: Psychopathology and Hyperlitigious Litigants</b> , 45 The Journal of the American Academy of Psychiatry and the Law 62 (2017)	
7.	Zoë Morrison, <b>'Feeling heavy': Vicarious trauma and other issues facing those who work in the sexual assault field</b> , ACSSA Wrap No. 4, 2007	
<b>Session 4: Maintaining the Balance: Judicial Stress and Wellness</b>		
1.	Jeremy D. Fogel, <b>Mindfulness and Judging</b> , 101(1) Judicature (2017)	
2.	Michael Kirby, <b>Judicial Stress and Judicial Bullying</b> , 14(1) QUT Law Review 1-14 (2014)	
3.	Paula Casaleiro, Ana Paula Relvas and João Paulo Dias, <b>A Critical Review of Judicial Professionals Working Conditions Studies</b> , 12(1) International Journal for Court Administration (2021)	
4.	Terry A. Maroney, <b>Judicial Temperament, Explained</b> , 105(2) Judicature 48 (2021)	

5.	Richard C. Reuben, <b>Beyond Stress Reduction: Mindfulness as a Skill for Developing Authentic Professional Identity</b> , 89 UMKC Law Review 669-683 (2021)	
6.	Allison P. Harris & Maya Sen, <b>Bias and Judging</b> , 22 Annual Review of Political Science 241-249 (2019)	
7.	Anna Spain Bradley, <b>The Disruptive Neuroscience of Judicial Choice</b> , 9(1) UC Irvine Law Review 1-28 (2018)	
8.	Justin D. Levinson, Mark W. Bennett & Koichi Hioki, <b>Judging Implicit Bias: A National Empirical Study of Judicial Stereotypes</b> , 69(1) Florida Law Review 63-114 (2017)	
9.	Monica K. Miller & David M. Flores, <b>Addressing the Problem of Courtroom Stress</b> , 91 Judicature 60 (2007)	
10.	Cole-Mossman, Jennie et al., <b>Reducing Judicial Stress through Reflective Practice</b> , 54(2) Court Review 90-94 (2018)	
<b>Session 5: Life Beyond Dias: Judicial Stress and Wellness</b>		
1.	Margie E. Lachman, <b>Development in Midlife</b> , 55 Annual Review of Psychology 305-331 (2004)	
2.	Mark Jackson , <b>Life Begins at 40</b> , 74(3) The Royal Society Journal of the History of Science 345-364 (2020)	
3.	John W. Osborne, <b>Psychological Effects of the Transition to Retirement</b> , 46(1) Canadian Journal of Counselling and Psychotherapy 45-58 (2012)	
4.	Vincent L. McKusick, <b>Firm Foundation for Life after the Bench</b> , 8(2) Journal of Appellate Practice and Process 275-279 (2006)	