

National Judicial Academy

**P-1333: National Seminar on Arbitration and Stress Management for District
Judiciary**

04th – 05th March, 2023

Programme Coordinator : Dr. Amit Mehrotra, & Dr. Sumit Bhattacharya

No. of Participants : 36

No. of forms received : 36

I. OVERALL				
PROPOSITION	To a great extent (%)	To some extent (%)	Not at all (%)	Remarks
a. The objective of the programme was clear to me	94.44	5.56	-	-
b. The subject matter of the programme is useful and relevant to my work	86.11	11.11	2.78	-
c. Overall, I got benefited from attending this programme	88.89	11.11	-	-
d. I will use the new learning, skills, ideas and knowledge in my work	88.89	11.11	-	-
e. Adequate time and opportunity was provided to participants to share experiences	94.44	5.56	-	-
II. KNOWLEDGE				
PROPOSITION	To a great extent (%)	To some extent (%)	Not at all (%)	Remarks
The programme provided knowledge (or provided links / references to knowledge) which is:				
a. Useful to my work	80.56	19.44	-	-
b. Comprehensive (relevant case laws, national laws, leading text / articles / comments by jurists)	86.11	11.11	2.78	-
c. Up to date	94.44	5.56	-	-
d. Related to Constitutional Vision of Justice	72.22	25.00	2.78	-

e. Related to International Legal Norms	58.33	38.89	2.78	-
III. STRUCTURE OF THE PROGRAMME				
PROPOSITION	Good (%)	Satisfactory (%)	Unsatisfactory (%)	Remarks
a. The structure and sequence of the programme was logical	91.67	8.33	-	-
b. The programme was an adequate combination of the following methodologies viz.				
(i) Case studies were relevant	91.67	8.33	-	-
(ii) Interactive sessions were fruitful	91.67	8.33	-	-
(iii) Audio Visual Aids were beneficial	76.47	23.53	-	-
IV SESSIONS WISE VETTING				
Parameters				
Session	Discussions in individual sessions were effectively organized		The Session theme was adequately addressed by the Resource Persons	
	Effective and Useful (%)	Satisfactory (%)	Effective and Useful (%)	Satisfactory (%)
1	94.12	5.88	96.67	3.33
2	90.91	9.09	92.86	7.14
3	84.85	15.15	93.10	6.90
4	93.94	6.06	96.55	3.45
5	84.85	15.15	86.66	10.34
V. PROGRAMME MATERIALS				
PROPOSITION	To a great extent (%)	To some extent (%)	Not at all (%)	Remarks
a. The Programme material is useful and relevant	83.33	16.67	-	-
b. The content was updated. It reflected recent case laws/ current thinking/ research/ policy in the discussed area	91.67	8.33	-	-
c. The content was organized and easy to follow	86.11	13.89	-	-

VIII. GENERAL SUGGESTIONS

<p>1. Three most important learning achievements of this Programme</p>	<p>1. 1. Achieving knowledge from expertise. 2. The method and communication skills. 3. Case laws and materials which was provided to us.</p> <p>2. 1. A and C Act could be understood. 2. Updated case laws on the practical approach in A and C Act. 3. Balancing work and life tips.</p> <p>3. Arbitration laws about power of court u/s 34 of the Act.</p> <p>4. Laws relating to arbitration recent case laws related with the topic and knowing about the methods for balancing between work, profession life and personal life.</p> <p>5. 1. Mature analogy. 2. Inspire legal research.</p> <p>6. 1. Regarding the law of arbitration. 2. Got good understanding about the case laws & law of arbitrations. 3. How to manage the stress at work.</p> <p>8. It will help to speed up the work. Update knowledge on the subject certainly helped me.</p> <p>9. The role of judiciary control in arbitration matter. Exercise of power under the various provisions of arbitration Act. the latest development of law in the field of arbitration.</p> <p>10. 1. Bottlenecks of arbitration. 2. New amendments in arbitration Act. 3. Stress management.</p> <p>11. Another facet of arbitration and amendments made from time to time. Effectively and lucidly perceiving the message meant to be sent.</p> <p>12. Cleared many doubts regarding arbitration law. 2. Learning techniques for relieving stress. 3. Focus what you do at a time.</p> <p>13. The participant were very much benefited and have learnt new techniques to manage the stress.</p> <p>14. Gain knowledge about arbitration law. Feeling of nationhood.</p> <p>15. 1. Scope of arbitration. 2. Our part as DJ in cases of arbitrations.</p> <p>16. 1. Life beyond Dais judicial stress and wellness. 2. Bottlenecks in implementation of arbitration regime in subordinate courts. 3. Change my life style.</p> <p>17. 1. Learnt many new laws, judgements about the subjects. 2. Stress management sessions were very useful to know mindfulness. 3. Tips to deal with family members, friends.</p> <p>18. Made the participants to actively participate shedding their inhibitions.</p> <p>19. 1. Information regarding latest amendments in arbitration Act provided by Hon'ble Justice M. Sundar. 2. Leading case laws on arbitration repeatedly refreshed and clarified by the Hon'ble speaker. 3. Small but important things to be adhered to for maintaining work life balance taught by Dr. Harish Shetty.</p> <p>20. 1. Highlights of arbitration and conciliation Act 1996. 2. Extent of intervention by courts.</p> <p>21. It unfolded many doubts that we face in deciding cases. It came out as a great learning to balance work and personal life. Case laws discussed greatly.</p> <p>22. On arbitration much knowledge gained.</p> <p>23. Made the participants to actively participate shedding their inhibitions.</p>
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	<p>24. 1. Helpful. 2. Knowledgeable. 3. Enlightening.</p> <p>25. 1. Personality of Director Sir and Hon'ble Resource Persons. 2. Composed personality of Hon'ble Director Sir and all the below mentioned resource persons. 3. Learning of being down to earth legal luminaries.</p> <p>26. Development of knowledge base getting the best minds as resource persons. More clarity towards the subject.</p> <p>28. 1. Discussion of the current position of the provisions. 2. Clarity in the confusions. 3. Case law judgement and its discussions.</p> <p>29. Role of judge in arbitration.</p> <p>30. The role of judge and parameters to remember when deciding application relating to awards. Difference between seat and venue. Clarity of thought.</p> <p>31. Use of our work. Updating of our knowledge. Applicability to our work.</p> <p>32. Knowledge. Sharing. Thought provoking.</p> <p>33. Applicability of arbitration and conciliation in the perspective of parties autonomy stress management on the dais and off the dais.</p> <p>36. Various aspects of arbitration are learned as a new judge. There are ways to implement the concept of arbitration fruitfully. Psychological aspects, both in work and life are important.</p>
<p>2. Which part of the Programme did you find most useful and why</p>	<p>1. Lectures and sharing knowledge from eminent and great scholars and experts. Its great opportunity to hear scholars as well as great speaker Hon'ble Director Sir.</p> <p>2. Seminar on A and C Act.</p> <p>3. Session of Justice Senthilkumar Ramamoorthy.</p> <p>4. Stress management programmes as I am JMFC and do not deal with ADR matter but ADR topic was also very useful.</p> <p>5. Lecture of Hon'ble Justice M. Sundar & Hon'ble Justice Senthilkumar Ramamoorthy.</p> <p>6. <i>Session-1 Fundamentals and Scheme of Arbitration: Setting the Context. Session-2 Bottlenecks in implementation of Arbitration regime in Subordinate Courts.</i></p> <p>7. Information with regard to arbitration and conciliation Act.</p> <p>8. Lecture of Hon'ble Justice M. Sundar and brief introduction of each topic by Hon'ble Justice A.P. Sahi.</p> <p>10. Discussion on bottlenecks of arbitration.</p> <p>11. All most all the sessions were useful and informative.</p> <p>12. Arbitration Act, because it was new to me and I am confident that would be able to deal with situation in better way.</p> <p>13. All the parts were most useful and effective including the last session.</p> <p>14. Historical background of arbitration.</p> <p>15. <i>Session-1 Fundamentals and Scheme of Arbitration: Setting the Context. Session-2 Bottlenecks in implementation of Arbitration regime in Subordinate Courts. Session-3 Strengthening Arbitration and its Enforcement in India.</i></p> <p>16. Maintaining the balance judicial stress and wellness.</p> <p>19. All the sessions related to arbitration Act because it was directly related to our work and many doubts were cleared by the Hon'ble speakers.</p>

	<p>20. Maintaining the balance in judicial stress and wellness.</p> <p>21. All the parts were of help.</p> <p>22. Programme on arbitration.</p> <p>23. Interactive sessions which provided opportunity to share views.</p> <p>24. All parts of programme are useful as I learnt a lot of legal aspects/knowledge.</p> <p>25. Classes of Mr. Ramakrishnan Viraraghavan, Hon'ble Mr. Justice M. Sundar and Hon'ble Mr. Justice Senthilkumar Ramamoorthy, more importantly Hon'ble Director Sir.</p> <p>26. Stress management because it was very relevant for me and it actually addressed the problems that I have been facing.</p> <p>27. <i>Session-1 Fundamentals and Scheme of Arbitration: Setting the Context. Session-2 Bottlenecks in implementation of Arbitration regime in Subordinate Courts. Session-3 Strengthening Arbitration and its Enforcement in India.</i></p> <p>28. Q&A Sessions in all the sessions.</p> <p>29. Bottleneck in implementation of arbitration regime in subordinate court in this part we were made aware of limited interference of court in arbitration proceedings.</p> <p>30. Judicial stress.</p> <p>31. <i>Session-1 Fundamentals and Scheme of Arbitration: Setting the Context. Session-2 Bottlenecks in implementation of Arbitration regime in Subordinate Courts. Session-3 Strengthening Arbitration and its Enforcement in India.</i></p> <p>33. Doctrine of separability under the spectrum of arbitration.</p> <p>35. Stress management.</p> <p>36. Bottleneck and techniques for implementation of the arbitration laws.</p>
<p>3. Does the programme need further modulations or change</p>	<p>1. No. being an officer of junior division cadre the topic of arbitration is less useful for me.</p> <p>5. Yes, may be more updated & upgraded.</p> <p>7. Present arrangement is enough.</p> <p>9. Its fine tuned and very useful.</p> <p>11. Adequate time slot needs to be given to all the subjects.</p> <p>12. Yes, of course the time for programme was too short some of the topics were not completely done in the given time schedule and prolonged. My suggestion would be either to extended no. of days of programme or curtail this no. of speakers, so as to do justice with topic.</p> <p>13. Interaction of the participants was very much attractive and the attention towards physical and mental exercises needs to be addressed.</p> <p>19. The programmes were exhaustive and useful.</p> <p>21. It is good.</p> <p>25. Perfect in all regards.</p>
<p>4. Kindly make any suggestions you may have on how NJA may serve you better and make</p>	<p>1. Increase the training days and it should be conducted every year for each officer.</p> <p>3. By providing more interactive sessions.</p> <p>4. This is the 1st time I have been nominated to attend the programme in NJA. It is very nice experience and all the programmes were effective.</p>

<p>its programmes more effective</p>	<p>5. By engaging & calling for this kind of seminar & training programmes more frequently.</p> <p>7. Everything is good.</p> <p>12. The no. of programmes should be frequent over a career of more than 20 year, it is my only 2nd visit. It enlightens our vision and improves our effective delivery in the judicial system.</p> <p>13. The NJA has been doing its best under the guidance of the present worthy Director. Wish all the best to all the faculty members.</p> <p>15. It is up to the mark.</p> <p>17. It's a wonderful place.</p> <p>18. No suggestion. Because entire programme is very useful for us in discharging our day to day work.</p> <p>21. It is an ongoing process.</p> <p>22. No. further suggestion, very good hospitality.</p> <p>26. The sessions may be reduced and may be concluded by 3 PM.</p> <p>29. Programme duration may be increased. Programme should be at least 3 days.</p> <p>32. Programme mode is sufficient.</p> <p>35. Arrange more session.</p> <p>36. Research and technique based programmes be held.</p>
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